

Podortho® Nursing Foot and Lower Limb Assessment

PT. NAME

DATE

SKIN:	LEFT	RIGHT	DESCRIPTION
Dry/Scaly/Flaky			
Infection			
Corns			
Callus			
Fissure			
Erythema			
Presence of skin breakdown			
Tinea Pedis			
Pain/sensitivity			
Presence of wound(s)			
Other			

NAILS :	LEFT	RIGHT	DESCRIPTION
Normal			
Onychaux (thickend)			
Onychomycosis (fungal)			
Ontchoschizia (split nail)			
Onchocryptosis (ingrown)			
Onychogryphosis (rams nail)			
Onychomadesis (nail Loss)			
Onychomalacia (soft nail)			
Onycholysis (nail separation)			
Beau's Lines			
Pitting nail			
Psoriatic			
Yellow nail syndrome			
Koilonychias (spoon nail)			
Hypocratic (clubbing)			
Onychochondroma			
(Subungal Exostosis)			
Plicatured (involuted)			
Overgrown			
Hematoma			
Exposed hyponicium			
Pain /Sensitivity			
Other			

STRUCTURAL DEFORMITIES/CONDITIONS :	LEFT	RIGHT	DESCRIPTION
Hallux Valgus (Bunion)			
Hammer/Claw/Mallet			
Hallux Rigidus/limitus			
Overlapped Digits			
Dropped Metatarsal heads			
Charcot foot			
Neuroma			
Metatarsalgia			
Heel Pain			
Plantar Fasciitis			
Achillies			
Tendon(itis) (osis)			
Pes Cavus (high arch)			
Pes Planus (flat foot/feet)			
Equinus (limited ankle dorsi flexion)			
Sesamoiditis			
Arthritis			
Gout			
Other			

CIRCULATORY/NERVE :	LEFT	RIGHT	DESCRIPTION
Varicose Veins			
Chronic Venous Insufficiency (CVI)			
Intermittent Claudication			
A.B.P.I. Recommended			
Dependant Rubour			
Erythema			
Lymphoedema			
Presence of hair			
Presence of redness			
Pins/Needle sensation			
Numbness sensation			
Tingling sensation			
Burning sensation			
Pherpherial Neuropathy			
Loss of protective sensation (LOP)			

ADDITIONAL ASSESSMENT NOTES:



STAFF SIGNATURE

DATE